

# Social Media Posts

Summer is in full swing, and, for some, that means traveling, picnicking, barbecuing, swimming, and spending time outdoors! Nobody wants to get sick, especially during the summer, so take a few moments to learn how to prevent infection this summer and year round.

Share these resources with your Facebook and Twitter followers. Don't forget to tag @APIC!

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## World Hepatitis Day (July 28)

#WorldHepatitisDay Hepatitis is the inflammation of the liver. The most common types are A, B, and C. Learn more: <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=hepatitis>

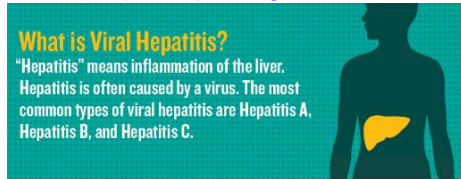


Photo credit: CDC

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## Foodborne Illness

Before you fire up the grill for cookouts, picnics, and holiday celebrations, learn to prevent #foodborneillness. <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=preventing-foodborne-illness>



## Botulism

#Botulism is a serious illness caused by a toxin that stops the body's control of muscle movement. <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=foodborne-botulism>



## Traveling

Taking some precautions before a trip and while traveling will help prevent illness. Learn more: <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=travel-tips-to-keep-you-healthy-and-safe>



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## Recreational Water Illness

Knowing the basic facts about RWI can be the difference between an enjoyable time in the water and getting sick. <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=recreational-water-illnesses>



## Mosquitoes

The best way to prevent mosquito-borne illnesses (like #Zika) is to prevent mosquito bites. Learn more: <http://professionals.site.apic.org/bugs-and-outbreaks/mosquito-borne-illnesses/>



## Ticks and Lyme Disease

#LymeDisease is an infection that you can get from an infected deer tick. Learn how to prevent this disease: <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=what-is-lyme-disease>



## Natural Disasters

Natural disaster (like hurricanes, tornadoes, and floods) can have #infectionprevention consequences. Be prepared: <https://apic.org/For-Consumers/Monthly-alerts-for-consumers/Article?id=be-prepared-for-natural-disasters>



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During the third week of October, infection preventionists take time out of their already busy schedules to celebrate International Infection Prevention Week (IIPW) to raise awareness of the role infection prevention plays in improving patient safety.

This year IIPW is October 15-21, 2017, and the theme is *Antibiotic Resistance*. Visit [www.apic.org/patients](http://www.apic.org/patients) for the most up-to-date information about IIPW.

APIC frequently updates the tools for you to advocate and promote IIPW, the materials to give infection prevention special visibility, and the resources for conversations about why infection prevention matters. Explore these resources and incorporate them in your IIPW celebration!

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This year #IIPW is October 15-21. Learn how you can get involved and stop the spread of germs!  
<http://consumers.site.apic.org/iipw/>



International Infection Prevention Week  
October 15-21, 2017

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This year #IIPW is October 15-21, and the theme is Antibiotic Resistance. Learn your ABCs:  
<http://consumers.site.apic.org/infection-prevention-basics/ask-questions-about-your-medications/> #saveABX

**Do you know  
the ABCs of  
antibiotics?**



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Clean hands stop germs, and staying healthy prevents your need for antibiotics  
<http://consumers.site.apic.org/infographics-2/clean-hands-stop-germs/> #saveABX #handhygiene #IIPW

## When should you wash your hands?

Clean your hands often:

- Before eating;
- Before, during, and after preparing food;
- After using the bathroom;
- After coughing, sneezing, or blowing your nose;
- After taking out the garbage;
- After petting animals;
- After visiting or caring for someone who is sick; or
- Whenever your hands look or feel dirty.



Learn more: [apic.org/infectionpreventionandyou](http://apic.org/infectionpreventionandyou)

